

# Medgar Evers Swimming Pool



**September 2-January 3**

500 23rd Ave Seattle, WA 98122 206-684-4766

<b>Shallow Water Fitness</b>	Wednesday, Friday	1:00-1:45	Shallow Pool
<b>Coached Swim:</b> includes Workout sets for multiple levels and swim technique coaching	Tuesday & Thursday	7:00-8:00 pm	Lap Pool 6 lanes
<b>Pool Playland</b>	Monday	11:00am-2:30 pm	Shallow Pool
A gentle recreation swim.	Tuesday & Thursday	12:00-2:30pm	Shallow Pool
Under 18 must be accompanied by an Adult in the water.	Wednesday	12:00-1pm	Shallow Pool
	Friday	11:00am-1pm	Shallow Pool
<b>Recreation Swim</b>			
We have lifejackets in many sizes available to borrow.	Monday, Wednesday	6:30-8:00 pm	Shallow Pool
Children younger than 6 and less than 4' tall need an adult in the water with them.	Friday	6:00-7:30 pm	Both Pools
All ages welcome!	Saturday	1:30-3:00 pm	Both Pools
<b>Adult Swim (18+)</b>	Monday	11am-2:30pm	Shallow Pool
For personal exercise and for beginning swimmers to practice swimming.	Tuesday & Thursday	12:00-2:30pm, 6:30-8pm	Shallow Pool
	Wednesday	12:00-1pm	Shallow Pool
	Friday	11:00-1:00pm, 1-2pm	Shallow Pool
	Saturday	12:30-1:30 pm	Shallow Pool
<b>Lap Swimming</b>	Monday—Friday	11:00am-2:30 pm	Lap Pool 6 lanes
	Monday & Wednesday	6:30-8:00 pm	Lap Pool 6 lanes
	Tuesday & Thursday	5:30-7:00 pm	Lap Pool 6 lanes
	Friday	6:00-7:30pm	Lap Pool 3 lanes
	Saturday	9:00-10:30am, 12:00-1:30pm	Lap Pool 6 lanes
		3:00p-4:00pm	Lap Pool 3 lanes
<b>Teen Swim</b>	Friday	7:30-8:30pm	Both Pools
Teen Swim is Free for 13+			

**Pool Closures: 9/1, 9/25, 10/13, 11/10-11/29, 12/11, 12/25, 1/1**

# Medgar Evers Pool Spring Schedule September 2 - January 3

**Pool Closed: 9/1, 9/25, 10/13, 11/10 - 11/29, 12/11, 12/25, 1/1**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Lap Pool	Shallow	Lap Pool	Shallow	Lap Pool	Shallow	Lap Pool	Shallow	Lap Pool	Shallow	Lap Pool	Shallow
										Lap Swim 9-10:30 am (6 lanes)	Adult Swim 9:00-10:00am
											Adaptive
											Preschool
			Adaptive Tots		Adaptive Tots		3yo Tots		Playland / Adult 11:00-1:00	Advanced	Beginner
Lap Swim 11am-2:30 pm (6 lanes)	Playland / Adult 11am-2:30 pm	Lap Swim 11-2:30 pm (6 lanes)	Playland / Adult 12-2:30 pm	Lap Swim 11-2:30 pm (6 lanes)	Playland / Adult 12-1:00 pm Water Fitness 1:00-1:45pm	Lap Swim 11-2:30 pm (6 lanes)	Playland / Adult 12-2:30 pm	Lap Swim 11-2:30 pm (6 lanes)	Water Fitness 1:00-1:45pm	Adults Adv Lap Swim 12:00- 1:30pm (6 lanes)	Beginner Adult Beg
										Recreation Swim 1:30-3:00pm	Recreation Swim 1:30-3:00pm
Swim teams 2:30-6:30		Swim teams 2:30-5:30		Swim teams 2:30-6:30		Swim teams 2:30-5:30		Swim Meet		Lap Swim 3:00-4:00pm 3 lanes	Beginner
	Preschool		Beginner Preschool		Beginner Preschool		Beginner Preschool				Adult
Advanced Advanced	Beginner Beginner	Lap Swim 5:30-7:00 (6 lanes)	Beginner Beginner	Advanced Advanced	Beginner Adults	Lap Swim 5:30-7:00 (6 lanes)	Beginner Beginner			Lap & Rec 6:00-7:30pm (3 lanes)	Recreation Swim 6:00-7:30pm
Lap Swim 6:30-8:00 (6 lanes)	Recreation Swim 6:30-8:00	* Coached Swim 7-8	Adult 6:30-8:00	Lap Swim 6:30-8:00 (6 lanes)	Recreation 6:30-8:00pm	* Coached Swim 7-8	Adult 6:30-8:00	Teen Program 7:30-8:30pm	Teen Program 7:30-8:30pm	Pool Rental Time Available for Parties and Events. Inquire at the pool.	

**Adult (shallow) are for 18+, for personal exercise and for beginning swimmers to practice swimming.**

**\* Coached Swim includes workout sets for multiple levels and swim technique coaching. Fitness price.**

**# Requires payment with pre-paid punch card, check, or exact change.**

Adults	Senior, Youth, & Special Population
\$ 7.50	Single Recreation \$ 5.50
\$ 8.00	Single Fitness \$ 6.00
\$ 68.00	10 Recreation Admissions \$ 50.00
\$ 72.00	10 Fitness Admissions \$ 54.00
\$ 85.00	30 Day Pass \$ 61.00

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